

PD & March Break Day Camp Guidelines

# **General Camp Information**

msvu.ca/camps

## **DAILY OVERVIEW**

We are open 7:30 a.m. - 5:30 p.m. daily!

- 7:30-9:00 a.m.:
  - Drop-off
  - Supervised free time stations
- 9:00-9:15 a.m.:
  - Welcome and rules
- 9:15-10:00 a.m.:
  - Small group guided activities
- 10:00-10:30 a.m.:
  - Transitions and snack
- 10:30-11:15 a.m.:
  - Small group guided activities
- 11:15-11:30 a.m.:
  - Transitions
- 11:30 a.m.-1:00 p.m.:
  - Lunch\*
- 1:00-1:30 p.m.:
  - Transitions
- 1:30-3:30 p.m.:
  - Small group guided activities
- 3:30-4:00 p.m.:
  - o Transitions and snack
- 4:00-5:30 p.m.:
  - o Pick-up
  - Supervised free time stations

\*Our campers are very active throughout the day and will watch a G-rated movie during lunch.

#### **DROP-OFF PROCEDURE**

- Parents/Guardians are required to escort their child to the Gymnasium, Rosaria Student Centre (main floor).
- Parents/Guardians must check-in their child at the gym entrance. DO NOT drop your child off at the front doors. If another person is picking up your child, please inform staff upon check-in.
- Doors open at 7:30 a.m. with supervised free play until 9:00 a.m. Structured programming will begin at 9:00 a.m.
- DO NOT LEAVE MEDICATIONS WITH YOUR CHILD. If your child needs to take medication, please give it to the day camp staff member at the check-in table.
- Please ensure that your camper arrives with outdoor clothing as we will be spending time outdoors, weather permitting.

#### **PICK-UP PROCEDURE**



- PHOTO ID IS REQUIRED DURING THE SIGN-OUT PROCESS.
  - For safety reasons day camp staff are required to verify identification before releasing the child to an authorized pick up person.
- Children must be signed out by a parent/guardian or a person on the authorized pick up list.
- Structured camp activities will end at 4:00 p.m.
  Supervised free play continues until 5:30 p.m. in the gymnasium.
- There is a late fee of \$5 for each additional 15 minutes a child remains after 5:30 p.m.
- If you will be picking up your child during
  9-4 p.m. camp time, it is advised that your inquire at the Mount Fitness Centre (902-457-6420), as campers may be in a different room or outside.

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#### **MEDICATIONS & ALLERGIES**

#### DO NOT LEAVE MEDICATIONS WITH YOUR CHILD.

- Please inform the MSVU Day Camp Staff of all allergies and/or medications.
- If your child needs to take medication, please give it to the day camp staff member upon sign in.
- Medications must be prescribed to the camper by a physician and be in the original packaging. Proof of prescription and written authorization are required.
- Over the counter medications will not be administered.



All lunches and snacks must be 100% NUT FREE!

We will do lunch checks every morning at drop-off.

#### **DISCIPLINARY CODE**

- The Mount's Day Camp Program has established a three-step disciplinary code to assist the staff in dealing with behavioural problems, if and when necessary. These procedures are designed to provide a fun and safe atmosphere for all participants.
  - Step one includes speaking to child and parent/guardian.
  - Step two includes speaking to child and parent/guardian, in addition to disciplinary action of some form that day (i.e. sitting out of a camp activity).
  - Step three includes speaking to child and parent/guardian, disciplinary action, and the possible dismissal of the child from camp if proper behavior is not forthcoming.
- The Mount's Day Camp Program aims to prevent bullying, hitting, swearing and/or name calling within our camp through positive reinforcement and peer reconciliation.
- Should you wish to discuss this policy, please contact the Recreation Coordinator by calling 902-457-6420 prior to an incident.



### WHAT TO BRING TO CAMP

- SNEAKERS
- SUNSCREEN
- SNACK & LUNCH. All lunches and snacks must be 100% NUT FREE.
- WATER BOTTLE
- COMPLETE CHANGE OF CLOTHES.
- BAG FOR WET CLOTHING



### WHAT TO LEAVE AT HOME

- FOOD THAT MAY CONTAIN NUTS
- GAMES
- TOYS
- ELECTRONICS
- MONEY