



# Find Your Flock: MSVU Fall 2024 Orientation

## Land Acknowledgement

MSVU etek Kjipuktuk, Mi'kma'ki, Mi'kmaq wmitkiwew ta'n mna'q iknmuetasinuk. Ula maqamikew wiaqtek Wantaqo'tie'l aqq Ila'matultimkewe'l Ankukamkewe'l kisutasikipn 1725ek aqq 1779ek. Ula ankukamkewe'l ketlewite'tasikipn Mawi-espe'k IIsutekemkewey Kanata aqq keknuite'tasik Teli-alsutmi'tij ula Maqamikew L'nu'k ( wiaqwikasik kitk 1763ewey Eleke'witewey Teplutasik aqq elt ankukamkewe'l weja'tekemkek aqq Pkesikn35(1) 1982ewey Wi'katikn Teplutasik Tel-pukuik Kanata). Ankukamkewe'l na keknu'e'kl kisa'matimkl ta'n wettaqne'wasikl tplutaqnn wjit Te'sunemiksijik tel-wije'wmi'titl Ankukamkewe'l tela'matulti'tij. Kepmite'tmek kjijitaqnwesko'tmi'tij Mi'kmaq wjit teli-anko'tasik maqamikew aqq sam'qwan aqq elt teli-kina'muksi'k kisiku'k wejkwat'qnik, kiskuk aqq elmi'knik.

MSVU is located in Kjiptuk (Halifax), part of Mi'kma'ki, the unceded ancestral territory which remains the homeland of the Mi'kmaq Nation. This territory is covered by the Covenant Chain of Treaties of Peace and Friendship signed between 1725 and 1779. These treaties are affirmed by the Supreme Court of Canada and recognize Aboriginal Title (which is embedded in both the 1763 Royal Proclamation and in section 35(1) of the 1982 Constitution Act). The treaties are living agreements that establish the rules for an ongoing Treaty relationship between nations. We pay respect to the knowledge embedded in the Mi'kmaw custodians of the lands and waters and to the Elders, past, present, and future.

## Fall 2024 Orientation

No matter where you're coming from, or how you found your way here, there's a place for you at MSVU! Orientation is your chance to learn more about your new university, connect with people, make friends, and learn what it means to be a Mystic!

We've partnered with the Mount Saint Vincent University Students' Union to deliver a program full of fun and informative social events and sessions. Join us for a chance to meet other students and connect with people in your program and across campus. Events are open to all new and returning MSVU students! **No registration is required except where indicated under specific events.**

Find the full schedule below. All times are in Atlantic Daylight Time (ADT). Please note that all events are subject to change.

If you have any accessibility concerns about any events, please email us at [orientation@msvu.ca](mailto:orientation@msvu.ca).

## Fall 2024 Orientation Schedule

## Thursday, August 29

### International Student Days: Day 1

Time: 9:00 a.m. – 4:00 p.m.

Location: Rosaria Multi-Purpose Room (MPR)

We are so excited to welcome you to Halifax and to your new MSVU community! No matter where you come from in the world, International Student Days of Orientation are a great way to prepare yourself for university life in Canada as well as meet other students from around the world.

[Register for International Days](#)

## Friday, August 30

### International Student Days: Day 2

Time: 9:00 a.m. – 4:00 p.m.

Location: Rosaria Multi-Purpose Room (MPR)

International Student Days continue with more information sessions to help you prepare yourself for university life here at MSVU as well as more social activities to help you meet other students and make new friends.

[Register for International Student Days](#)

## Indigenous Student Orientation

Time: 10:00 a.m. – 3:00 p.m.

Location: Kina'masuti aqq Apognamasuti Indigenous Student Centre, lower level, 46 Melody Drive

P'jilasi! New and returning Indigenous students are invited to participate in MSVU's Indigenous Student Orientation hosted by the Indigenous Student Centre. This event will give students a chance to:

- Get familiar with the MSVU Indigenous Student Centre – Kin'masuti Aqq Apognamasuti
- Meet other Indigenous students
- Chat with the Indigenous Student Centre Staff and Students' Union service managers
- Connect with on-campus supports
- Pick up their student ID
- Enjoy a free lunch!

Please note: This orientation is for Indigenous students only; formal self-identification is optional. We have used the term Indigenous to refer inclusively to members of First Nations, status and non-status, treaty and non-treaty Indians, Métis, and Inuit peoples in Canada. If you have any questions, please contact [indigenousservice@msvu.ca](mailto:indigenousservice@msvu.ca).

[Register for Indigenous Student Orientation](#)

## Sunday, September 1: Residence Day

### Residence Move-in Day

Time: 9:30 a.m. – 4:30 p.m.

Location: Rosaria Parking Lot + Residences

Welcome to Residence at MSVU! Residence and other university staff and leaders will welcome you onto campus! Music, snacks and leaders will be all over residences to welcome you and help you get settled into your room.

### Residence Area Meet & Greet

Time: 4:30 p.m. – 5:30 p.m.

Location: Residence Common Areas

Students will meet with the others in their areas and their RA to go over expectations and opportunities on campus. It's a great way to meet the people you will be living with for the next year and find people to connect with!

### Residence Welcome Dinner

Time: 5:30 p.m. – 7:30 p.m.

Location: Rosaria Dining Hall

Welcome Dinner for Residence Students. Enjoy your first exploration of the amazing food that is offered on campus and meet more of the students living in residence.

### Games Night & Drive-in Theme Movie Night

Time: 7:30 p.m. – 10:00 p.m.

Location: The lawn between Evaristus and Rosaria

Games and movie night. Come for your first night of residence to meet new people, play some games, get some snacks and settle in for a fun-filled orientation week! Games start at 7:30, and the movie will start at 8:30.

## Monday, September 2: Welcome to MSVU!

### Orientation Registration and Team Assignments

Time: 9:30 a.m. – 10:00 a.m.

Location: Bill Moore Square outside Rosaria 4th floor (rain plan: Rosaria Multi-Purpose Room MPR)

Welcome to MSVU Fall 2024 Orientation! Registration is from 9:30-10:00 when we will assign you to Orientation leader and team! Be ready to come to campus, meet new people, and have fun!

### Team-Building Games

Time: 10:00 a.m. – 12:00 p.m.

Location: MSVU grounds, starting at the registration desk (rain plan: MPR)

Your first opportunity to meet new people, engage with other new students, and perhaps meet people who could become your forever friends!

### Supporting Your MSVU Student

Time: 10:00 a.m. – 11:00 a.m.

Location: The Rook Campus Pub

Are you a parent, guardian, or supporter of a new MSVU student? Learn more about what to expect and how you can support your MSVU student during their first year.

### [MSVUSU BBQ and Orientation Kickoff](#)

Time: 12:00 p.m. – 1:30 p.m.

Location: Rosaria Courtyard (rain plan: MPR)

It's time to officially kick off Orientation! Join the incoming class of 2024, meet your orientation team, and get started on becoming a Mystic! We can't wait to meet you at our annual MSVUSU BBQ and Orientation Kickoff!

### [Student Services Fair + Student ID Cards](#)

Time: 1:45 p.m. – 3:15 p.m.

Location: McCain Atrium, through the link into the Library

Join your orientation team as you get the inside scoop on all the services on campus. You'll also have a chance to pick up all the essentials like your student ID, UPass, and meal cards!

### [Refreshments & Relax](#)

Time: 3:15 p.m. – 3:45 p.m.

Location: Bill Moore Square (rain plan: MPR)

Take a break and recharge!

### [Team-Building Games](#)

Time: 3:45 p.m. – 4:45 p.m.

Location: MSVU grounds (rain plan: MPR)

Another opportunity to unite with other new MSVU students and enjoy yourself!

### [Orientation Welcome Dinner](#)

Time: 5:00 p.m. – 7:00 p.m.

Location: Rosaria Dining Hall

A welcome to new and returning students with a special dinner from Chartwell's. Don't have a meal plan? We've got you covered.

### [MSVUSU Carnival Night](#)

Time: 7:00 p.m. – 10:00 p.m.

Location: Rosaria Parking Lot; The Rook Campus Pub (rain plan: MPR)

Enjoy a night under the stars with your favourite carnival activities, including bouncy castles, sweet treats and more. Play fun games and make unforgettable memories with your new friends and your MSVUSU.

[Register for Carnival Night](#)

## Smudging

Staff from MSVU's Indigenous Student Centre will be on campus offering quiet smudging stations throughout Orientation. Ask your Orientation leaders about their locations.

## Crows' Nest Rest Area

Time: 9:00 a.m. – 10:00 p.m.

Location: Crows' Nest, 1st floor Rosaria

Remember to take a break at the Crows' Nest Rest Area! It's open to all students and offers light refreshments from the MSVUSU Captain Crow's Café. You can also get information on upcoming events there.

## Fountain Play Centre for ages 0-5

Time: By appointment between 8:00 a.m. – 8:00 p.m.

Location: Fountain Play Centre, 1st floor Rosaria

Need childcare while you attend orientation events? The MSVUSU Fountain Play Centre is here for you. Email [suplayce@msvu.ca](mailto:suplayce@msvu.ca) to book your childcare for up to age 5. Availability is first come first served so please book early.

## Quiet Area

Do you need to step away from the fray for a few minutes? Here is where you can rest in peace and quiet today:

- Don MacNeil Room, Rosaria 401, from 9:00 a.m. – 10:00 p.m.

## Tuesday, September 3: Academic Day

### B.Ed. Orientation

Time: 8:45 a.m. – 1:00 p.m.

Location: Rosaria Multi-Purpose Room (MPR)

Join the B.Ed. department to learn more about your program and MSVU. Please note that the B.Ed. Orientation is mandatory for all new B.Ed. students.

### Same-Day Academic Advising

Time: 9:00 a.m. – 5:00 p.m.

Location: Centre for Academic Advising & Student Success, Seton 303

Reserve your same-day appointment with an advisor for help with courses selection or scheduling. Visit Seton 303, email [advising@msvu.ca](mailto:advising@msvu.ca), or call 902 457 6657 to select your appointment time. Reach out early; limited appointments are available each day.

### Math Placement Test

Time: 9:00 a.m. – 11:00 a.m.

Location: Seton 329 & 331

The Math Placement Test is required for any student wanting to take Math 1102 (pre-Calculus) and Math 1113 (Calculus). Information and practice problems can be found on the department website [msvu.ca/mathematics](http://msvu.ca/mathematics). Email Laura Gamble at [MSVUmath@msvu.ca](mailto:MSVUmath@msvu.ca) to register.

### [Register for the Math Placement Test](#)

### Department of Communication Studies Undergraduate Orientation

Time: 9:00 a.m. – 10:00 a.m.

Location: McCain 302

This in-person orientation session is for new students joining the Bachelor of Public Relations or Bachelor of Arts (Communication) programs who will be taking some or all of their courses on campus. We will cover the most important information that you need to ensure your academic journey with us gets off to a good start.

### PSYC Department Orientation

Time: 10:00 a.m. – 11:00 a.m.

Location: The Rook Campus Pub

Connect with PSYC faculty and returning psychology majors to get the inside scoop on the Department. We will discuss summer research and teaching initiatives, meet the PSYC Student Society executive, and nerd out together over psychology.

### Student Parent Social

Time: 10:00 a.m. – 11:00 a.m.

Location: Athletics & Recreation Gymnasium, 2nd floor Rosaria

Connect with other students at MSVU who are also parents. Learn about the different supports available on campus for student parents. There will be games, ice cream, and so much more! It's fun for the whole family.

### Becoming a Mystic

Time: 11:00 a.m. – 12:00 p.m.

Location: McCain 105 & 106

Learn the tips and tricks about being an MSVU student from upper-year MSVU students. This essential MSVU introduction is your chance to ask questions, find out everything you ever wanted to know about classes, what to expect, and how to get involved.

### Academic Welcome Lunch

Time: 12:00 p.m. – 1:00 p.m.

Location: McCain Atrium

Join the incoming class of 2024 for lunch and a special welcome from our VP Academic, Dr. Lori Francis. Be sure to have your class schedules with you to receive a program-based tour of your classrooms.

### Campus Tours by Program

Time: 1:00 p.m. – 2:00 p.m.

Location: Campus-wide, starting at McCain Atrium

Take a guided tour of MSVU with others in your program. If you require any accessibility accommodations or would prefer a one-on-one tour with a staff member from Accessibility Services, please contact [accessibilityservices@msvu.ca](mailto:accessibilityservices@msvu.ca).

### Dean & Degree Meet & Greet

Time: 2:00 p.m. – 3:00 p.m.

Location for Arts & Sciences: Seton Auditorium

Location for Professional Studies: Rosaria Multi-Purpose Room (MPR)

An official academic welcome from the Deans and faculty. Get to know your professors and learn more about what to expect in your degree.

### Approaches to Generative AI at MSVU

Time: 3:15 p.m. – 3:45 p.m.

Location: Rosaria Multi-Purpose Room (MPR)

Together with Emily Ballantyne, a member of MSVU's Teaching and Learning Centre, you will explore how to approach generative AI during your studies at MSVU in a fun interactive session.

### Ice Cream & Shaved Ice Social + Mount Mentor Games

Time: 3:45 p.m. – 5:00 p.m.

Location: Rosaria Terrace (outside the Dining Hall)

Join the Mount Mentors to learn the inside scoop on being a commuter student at MSVU. You'll also have a chance to meet other students who live off-campus while enjoying some ice cream and frozen treats, followed by exciting games!

### Mature & Transfer Student Social

Time: 4:30 p.m. – 6:30 p.m.

Location: The Rook Campus Pub

Drop by to meet other transfer, 2+2, and mature students. Enjoy some beverages and pub food, ask questions, and join in the Mature and Transfer Student Trivia challenge.

### Graduate Student Orientation

Time: 6:00 p.m. – 8:30 p.m.

Location: McCain 105 & 106

Join the Graduate Studies faculty and Dean of Graduate Studies as they welcome you to MSVU's graduate family! After you learn important information about being a graduate student at MSVU you'll have a chance to engage and network with your professors and other graduate students.

### Sex, Healthy Relationships, & Sex Toy BINGO

Time: 8:00 p.m. – 10:00 p.m.

Location: Rosaria Multi-Purpose Room (MPR)

A candid talk about sex, consent, and communication. Your chance to ask Venus Envy your questions about hooking up! Venus Envy is an award-winning, education-based sex shop, and bookstore. We've been around since 1998 selling sex toys, debunking myths, and offering the sex education we never got in high school. Join the MSVUSU for a fun-filled evening of BINGO and trivia, for the chance to win some sensational sex toy prizes!

### Smudging

Staff from MSVU's Indigenous Student Centre will be on campus offering quiet smudging stations throughout Orientation. Ask your Orientation leaders about their locations.

### Crows' Nest Rest Area

Time: 9:00 a.m. – 10:00 p.m.

Location: Crows' Nest, 1st floor Rosaria

Remember to take a break at the Crows' Nest Rest Area! It's open to all students and offers light refreshments from the MSVUSU Captain Crow's Café. You can also get information on upcoming events there.

### Fountain Play Centre for ages 0-5

Time: By appointment between 8:00 a.m. – 8:00 p.m.

Location: Fountain Play Centre, 1st floor Rosaria

Need childcare while you attend orientation events? The MSVUSU Fountain Play Centre is here for you. Email [suplayce@msvu.ca](mailto:suplayce@msvu.ca) to book your childcare for up to age 5. Availability is first come first served so please book early.

### Quiet Area

Do you need to step away from the fray for a few minutes? Here is where you can rest in peace and quiet today:

- Don MacNeil Room, Rosaria 401, from 9:00 a.m. – 10:00 p.m.
- Library quiet area, 1st floor EMF, from 8:30 a.m. – 5:00 p.m.
- International Education Centre, Seton Annex, from 9:00 a.m. – 5:00 p.m.
- Peace Room, Evaristus level 4C, from 8:30 a.m. – 5:00 p.m. (not accessible by elevator)
- Indigenous Student Centre, 46 Melody Drive, from 8:30 a.m. – 5:00 p.m. (exterior entrance is not accessible)

## Wednesday, September 4: First Day of Class

### Ask Me Anything

Time: 9:00 a.m. – 3:00 p.m.

Locations: Seton Café, Library Learning Commons, McCain Atrium, Rosaria Terrace, Evaristus Main Entrance

New to MSVU? Keep an eye out for the "Ask Me Anything" signs to ask any general questions and learn how to find your classes on campus.

### Same-Day Academic Advising

Time: 9:00 a.m. – 5:00 p.m.



Location: Centre for Academic Advising & Student Success, Seton 303

Reserve your same-day appointment with an advisor for help with courses selection or scheduling. Visit Seton 303, email [advising@msvu.ca](mailto:advising@msvu.ca), or call 902 457 6657 to select your appointment time. Reach out early; limited appointments are available each day.

### Nova Scotia ID Cards & SIN Clinic

Time: 10:00 a.m. – 2:00 p.m.

Location: McCain 102, 103, 104

Representatives will be available to help you apply for a Nova Scotia ID card; no appointment is necessary. Representatives will also be available to help you apply for a Social Insurance Number (SIN); however, booking an appointment is required for this service. A SIN is required to get a job in Canada so don't miss out!

[Register for the SIN Clinic](#)

### Family Studies & Gerontology (FSGN) Graduate Orientation

Time: 12:00 p.m. – 1:30 p.m.

Location: Evaristus C304

Welcome to the Department of Family Studies and Gerontology! New and returning graduate students are invited to join us for our FSGN Graduate Orientation. Meet new and returning students, faculty, and staff. Learn about important resources for graduate students. Get acquainted with the graduate policies, processes, and regulations that you'll need to know and understand. Enjoy the informal conversation to get to know your peers and your professors. New students are requested to join us at 12:00 p.m. Returning students should join at 1:00 p.m. Please RSVP to [shannon.fisher@msvu.ca](mailto:shannon.fisher@msvu.ca) before August 26.

[Register for FSGN Graduate Orientation](#)

### REC Fest

Time: 2:00 p.m. – 4:00 p.m.

Location: Rosaria Lawn below the McCain Link

This Athletics and Recreation showcase event is FREE and open to all MSVU students. Come see all that Mount Campus Rec has to offer, sign up for your All-Access Pass, join a club, make friends and have some fun!

### MSVUSU Waterfront Picnic

4:00 p.m. – 5:00 p.m.: Drop-in refreshments & meal pickup

5:00 p.m.: Meet at Crows' Nest

5:27 p.m.: Bus departure

6:00 p.m.: Arrive at Waterfront at the Treaty Truck House

Heading to the Waterfront Picnic? Order your meal box in advance and pick it up from Dining Hall before leaving campus. No meal plan? No problem! Your Students' Union has you covered.

[Sign up for a meal box](#)

### MSVUSU Trivia Night

Time: 8:00 p.m. – 10:00 p.m.

Location: The Rook Campus Pub

Join forces with new acquaintances as we guide you through rounds of diverse trivia categories! From history to pop culture, science to sports, there's a question for every interest and expertise level.

### Crows' Nest Rest Area

Time: 9:00 a.m. – 10:00 p.m.

Location: Crows' Nest, 1st floor Rosaria

Remember to take a break at the Crows' Nest Rest Area! It's open to all students and offers light refreshments from the MSVUSU Captain Crow's Café. You can also get information on upcoming events there.

### Fountain Play Centre for ages 0-5

Time: By appointment between 8:00 a.m. – 8:00 p.m.

Location: Fountain Play Centre, 1st floor Rosaria

Need childcare while you attend orientation events? The MSVUSU Fountain Play Centre is here for you. Email [suplayce@msvu.ca](mailto:suplayce@msvu.ca) to book your childcare for up to age 5. Availability is first come first served so please book early.

### Quiet Area

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- Library quiet area, 1st floor EMF, from 8:00 a.m. – 10:00 p.m.
- International Education Centre, Seton Annex, from 9:00 a.m. – 5:00 p.m.
- Peace Room, Evaristus level 4C, from 8:30 a.m. – 5:00 p.m. (not accessible by elevator)
- Indigenous Student Centre, 46 Melody Drive, from 8:00 a.m. – 10:00 p.m. (exterior entrance is not accessible)

## Thursday, September 5

### Ask Me Anything

Time: 9:00 a.m. – 3:00 p.m.

Locations: Seton Café, Library Learning Commons, McCain Atrium, Rosaria Terrace, Evaristus Main Entrance

New to MSVU? Keep an eye out for the “Ask Me Anything” signs to ask any general questions and learn how to find your classes on campus.

### Same-Day Academic Advising

Time: 9:00 a.m. – 5:00 p.m.

Location: Centre for Academic Advising & Student Success, Seton 303

Reserve your same-day appointment with an advisor for help with courses selection or scheduling. Visit Seton 303, email [advising@msvu.ca](mailto:advising@msvu.ca), or call 902 457 6657 to select your appointment time. Reach out early; limited appointments are available each day.

### Wellness Day

Time: 9:30 a.m. – 11:30 a.m.

Location: The Rook Campus Pub

We'll have some furry friends to help you learn more about supporting your mental and physical health at MSVU.

### Societies & Volunteer Day

Time: 11:30 a.m. – 1:30 p.m.

Location: Outside the Rosaria Dining Hall

Looking to gain valuable experience for future career goals or education program applications? Attend the Societies and Volunteer Day and sign up on-the-spot to volunteer with MSVU societies on campus or community organizations off campus. It's a great way to build your Co-Curricular Record (CCR), a digital certificate that validates the competencies you earn during extra-curricular activities, giving you third party support that employers and admissions committees notice.

### MSVUSU Capture the Flag (drop-in)

Time: 1:30 p.m. – 5:00 p.m. (drop-in)

Location: Seton Lawn & across campus ground

Prepare for an adrenaline-pumping adventure as we bring back everyone's favourite childhood game! Join us for an epic "Capture the Flag" game, in which teams compete to capture the opponent's flag and secure victory! Brought to you by your Students' Union.

### Neon Party

Time: 7:00 p.m. – 12:00 a.m.

Location: The Rook Campus Pub

Get ready to light up the night at our neon party! Dress in your brightest neon attire and join us under the black lights for a glowing evening of music, dancing, and unforgettable fun! Brought to you by your Students' Union.

### [Register for the Neon Party](#)

### Neon Face Painting

Time: 7:00 p.m. – 9:00 p.m.

Location: The Crows' Nest, 1st floor Rosaria

Get your glow on before the party! Still deciding what to wear? Come on down before the dance and get your face painted in neon colours so you glow under the black lights! Brought to you by your Students' Union.

## Smudging

Staff from MSVU's Indigenous Student Centre will be on campus offering quiet smudging stations throughout Orientation. Ask your Orientation leaders about their locations.

## Crows' Nest Rest Area

Time: 9:00 a.m. – 10:00 p.m.

Location: Crows' Nest, 1st floor Rosaria

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## Fountain Play Centre for ages 0-5

Time: By appointment between 8:00 a.m. – 8:00 p.m.

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## Quiet Area

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- Peace Room, Evaristus level 4C, from 8:30 a.m. – 5:00 p.m. (not accessible by elevator)
- Indigenous Student Centre, 46 Melody Drive, from 8:00 a.m. – 10:00 p.m. (exterior entrance is not accessible)

## Friday, September 6

### Same-Day Academic Advising

Time: 9:00 a.m. – 5:00 p.m.

Location: Centre for Academic Advising & Student Success, Seton 303

Reserve your same-day appointment with an advisor for help with courses selection or scheduling. Visit Seton 303, email [advising@msvu.ca](mailto:advising@msvu.ca), or call 902 457 6657 to select your appointment time. Reach out early; limited appointments are available each day.

### MSVUSU Halifax Adventure

Join your Students' Union on an adventure through Halifax. Choose the activities that are right for you and enjoy the beauty and history Halifax has to offer.

#### Travel from MSVU to Downtown Halifax

Meet at the Crows' Nest to take the 10:00 a.m. bus.

#### Halifax Citadel Historic Tour

Time: 11:00 a.m. – 12:00 p.m.

Want to learn more about the Halifax Citadel? Join us on a Historic Guided Tour of the Halifax Citadel, culminating in firing the ceremonial cannon at 12:00 pm. (Pre-registration required)

[Register for the Halifax Citadel Historic Tour](#)

Maritime Museum of the Atlantic

Time: 2:00 p.m. – 3:00 p.m.

Join us for a guided tour of the Maritime Museum of the Atlantic. This 40-minute tour includes the Ta'n me'j Tel-keknuo'ltiek exhibit, Halifax Explosion Gallery, and Titanic Gallery, followed by free time to explore the museum at your own pace. (Pre-registration required)

[Register for the Maritime Museum of the Atlantic tour](#)

Point Pleasant Park

Time: All day

This self-guided walking tour is a beautiful opportunity to explore one of Halifax's gems. Join a group tour with an Orientation Leader, or go individually at your own pace. The tour includes 13 stops, covering a Mi'kmaq Cultural Site, the Prince of Wales Tower, Purcell's Landing, Halifax (Sailors') Memorial, and more. The tour audio, along with maps, routes, and pictures, is included here: Point Pleasant Tour Audio. Pre-registration is required for the group tour option only.

[Register for the Point Pleasant Group Tour](#)

Applied Human Nutrition Graduate Student Welcome and Orientation

Time: 1:00 p.m. – 2:30 p.m.

Location: TBC

Whether you're a returning student or an incoming graduate of the Applied Human Nutrition department, we invite you to join the Department of Applied Human Nutrition faculty, staff, and student body for refreshments and a chance to learn more about our program. We will review program details, including timelines, milestones, and expectations, provide information on the internship education program, and student resources, and have outgoing students share lessons learned and what they wish they'd known when they started their program. Both MAHN and MSc students welcome!

Graduate Student Services Fair

Time: 2:30 p.m. – 4:30 p.m.

Location: McCain Atrium

Designed to provide our new graduate students with a comprehensive overview of the resources and support services available to you on campus.

Graduate Student Speed Friending

Time: 5:00 p.m. – 7:00 p.m.

Location: The Rook Campus Pub

This activity is designed to foster interactions, promote networking, and create a vibrant atmosphere during our event. Arrange the seating in a way that alum and returning students (participants with

purple cups) remain seated at small tables, while new students (participants with red cups) move from table to table. Each table will have one participant with a red cup and one participant with a purple cup. The centre big table will be for folks who are waiting for space on the small tables.

### Foam Party

Time: TBC

Location: TBC

Slide into foamy fun and dance to lively music in a sea of foam, surrounded by friends and laughter. Dress to get wet and enjoy an evening of high-energy excitement that promises non-stop fun!

### Crows' Nest Rest Area

Time: 9:00 a.m. – 10:00 p.m.

Location: Crows' Nest, 1st floor Rosaria

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- Library quiet area, 1st floor EMF, from 8:00 a.m. – 5:00 p.m.
- International Education Centre, Seton Annex, from 9:00 a.m. – 5:00 p.m.
- Peace Room, Evaristus level 4C, from 8:30 a.m. – 5:00 p.m. (not accessible by elevator)
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## Saturday, September 7

### Discovery Centre

Time: 10:00 a.m. – 4:00 p.m.

Location: Discovery Centre, 1215 Lower Water Street, Halifax

Want to experience the joy of STEM education with your peers & or family? Whether you want to involve your kids in your orientation experience, learn more about providing engaging STEM education, or just have fun and learn with others, this event is for you. This group outing is fun for all ages. (Pre-registration required + small additional fee, discounts for families)

[Register for Discovery Centre](#)

## [Bouldering Night](#)

Time: 4:00 p.m. – 9:00 p.m.

Location: Seven Bays Bouldering (Bayers Lake)

Enjoy an evening of Bouldering (rock climbing) in a fun, supportive environment with a 2SLGBTQIA+ friendly atmosphere! Join us for a day of scaling heights and conquering challenges at Seven Bays bouldering! Shoe and chalk rentals are included. (pre-registration required + small additional fee required)

[Register for Bouldering Night](#)

## Tuesday, September 10

### [Job Search: On & Off Campus](#)

Time: 12:00 p.m. – 1:00 p.m.

Location: McCain 302 & Teams (hybrid event)

A practical workshop with everything you need to know about applying to work on campus or off campus.

### [Graduate Groove & Game Gala](#)

Time: 1:30 p.m. – 3:30 p.m.

Location: The Rook Campus Pub

This activity is designed to be a fun and lighthearted opportunity for graduate students to connect. The event will include card games, icebreakers, bingo, pillow passing, and a lucky draw at the end. The theme is “Dress Your Heart Out,” and one best-dressed participant will be selected from the entire event.

### [Halifax Citadel Ghost Tours](#)

Time: 8:30 p.m. – 9:30 p.m.

Location: Halifax Citadel Historic Site

Embark on a spine-chilling journey as we dive into the chilling history of Halifax’s Citadel Hill with a ghost tour. Join us as they lead you through shadowy corridors revealing tales of paranormal encounters and eerie legends that have haunted the hill the centuries. Brought to you by your Students’ Union. (Pre-registration required)

[Register for the Halifax Citadel Ghost Tour](#)

### [Crows’ Nest Rest Area](#)

Time: 9:00 a.m. – 10:00 p.m.

Location: Crows’ Nest, 1st floor Rosaria

Remember to take a break at the Crows’ Nest Rest Area! It’s open to all students and offers light refreshments from the MSVUSU Captain Crow’s Café. You can also get information on upcoming events there.

## Fountain Play Centre for ages 0-5

Time: By appointment between 8:00 a.m. – 8:00 p.m.

Location: Fountain Play Centre, 1st floor Rosaria

Need childcare while you attend orientation events? The MSVUSU Fountain Play Centre is here for you. Email [suplayce@msvu.ca](mailto:suplayce@msvu.ca) to book your childcare for up to age 5. Availability is first come first served so please book early.

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## Wednesday, September 11

### Mount Mystics Home Opener: Men's & Women's Soccer

Time: 6:00 p.m.

Location: Mainland Commons, 210 Thomas Raddall Dr., Halifax

Join the Mystics Blue Crew to cheer on the Mystics soccer (football) teams in their home opener games at the Halifax Mainland Commons. You can wear blue and discover the comradery as you cheer on your varsity teams. The excitement will begin with a pep rally in Rosaria Lobby before we travel together to the field.

## Crows' Nest Rest Area

Time: 9:00 a.m. – 10:00 p.m.

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## Thursday, September 12

### Pop-Up Job Search Help

Time: 11:00 a.m. – 1:00 p.m.

Location: McCain/Library Link

Drop by the McCain Atrium to ask Career Services anything about your job search process. Bring your laptop or resume for on-the-spot advice. We're here to help!

### Home Away from Home

Time: 2:00 p.m. – 3:00 p.m.

Location: Black Student Support Office (BSSO) Lounge, Seton 314

An informal conversation time with new Students of African Descent in the BSSO Lounge. An opportunity to connect with other black students and to share life experiences, fun moments, and some snacks.

### Traditional Gala

Time: 6:30 p.m. – 9:30 p.m.

Location: The Rook Campus Pub

Come join us for a vibrant Traditional Gala! New students are encouraged to wear traditional attire from their home countries, adding a splash of cultural diversity to the evening. This is your chance to connect with peers from around the world in a relaxed atmosphere filled with delicious food and lively music. Get ready to dance the night away at our international dance party, celebrating unity and cultural exchange. Don't miss this exciting opportunity to mingle, enjoy, and experience a taste of global traditions!

[Register for the Traditional Gala](#)

### Rook Dance

Time: 9:30 p.m. – 12:00 a.m.

Location: The Rook Campus Pub

Keep the party going with the Rook Dance! Whether you were at the Traditional Gala and want to keep dancing, or want to join later with your new friends, all are welcome.

### Crows' Nest Rest Area

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## Friday, September 13

### Art Gallery of Nova Scotia

Time: 12:00 p.m. – 2:00 p.m. (bus departure at 11:00 a.m.)

Location: Art Gallery of Nova Scotia

Immerse yourself in the rich tapestry of artistic expression at the Art Gallery of Nova Scotia. Explore a diverse collection of artworks that celebrate our region's cultural heritage and creativity. (Pre-registration required)

[Register for Art Gallery of Nova Scotia](#)

### Paint-Along Art Class (by YayMaker)

Time: 6:00 p.m. – 9:00 p.m.

Location: The Rook Campus Pub

Discover your inner artist at our paint along art class! Join us for an engaging and interactive session where you'll create your masterpiece step-by-step with the guidance of our skilled instructor. (Pre-registration + Additional Fee required)

[Register for Paint-Along Art Class](#)

### Crows' Nest Rest Area

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## Thursday, September 19

### Child and Youth Study (CYS) Welcome & Welcome Back

Time: 4:15 p.m. – 5:15 p.m.

Location: TBC

Bringing all CYS graduate students together for a meet and greet with CYS faculty and fellow students.