

Winter 2025 Orientation – “Find Your Frost” January 2–31, 2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|---|---|
| | | | 1 New Year’s Day (MSVU Closed) | 2 10:00am-4:00pm Online Orientation Residence Early Move-In | 3 9:30am-12:30pm International Orientation 12:30-4:30 New Students Orientation | 4 9:30am-5:30pm Residence Move-In |
| 5 7:00-11:00pm Residence Games Night | 6 First Day of Classes 9:00am-3:00pm Ask Me Anything Stations 4:30-7:30pm Frost Week Winter Carnival | 7 1:00-3:00pm Hemlock Ravine Hike 7:00-9:00pm Trivia Night | 8 11:30am-1:30pm Student Services Fair 7:00-9:00pm Speed Friending | 9 11:30am-1:30pm Student Societies Fair 9:00pm-12:00am Silent Disco | 10 7:00-9:00pm BINGO Night | 11 |
| 12 | 13 7:10-8:00pm DanceFit with Melissa (MFC demo) Tuition Deadline Add/Drop Deadline | 14 2:30-4:00pm Mafia game with MSVUSU | 15 12:00-1:00pm Big Picture Mapping with Learning Strategist 6:30-8:30pm Swifties’ Night 7:30-9:00pm Aikido Club (MFC demo) | 16 6:15-7:15pm MFC Demo Days Super Sampler 9:00pm-12:00am Pub Night | 17 6:30-8:00pm Aikido Club (MFC demo) 7:00pm Mount Mystics Volleyball Home Game CROWaoke | 18 11:10am-12:00pm DanceFit with Cynthia (MFC demo) 3:00pm Mount Mystics Volleyball Home Game |
| 19 | 20 2:00-4:00pm Graduate Student Social 9:00-10:30pm Volleyball Cup starts | 21 | 22 11:00am-1:00pm Bell Let’s Talk Day 7:30-8:15pm Hip Hop with Nicholas (MFC demo) | 23 9:30-11:30am Waves of Change Training 9:00-11:00pm REC Division: 3v3 Basketball Intramurals start 9:00-11:00pm Competitive Division: 3v3 Basketball Intramurals start | 24 12:00-1:00pm Skating at Emera Oval 6:00pm Women’s Basketball Home Game 8:00pm Men’s Basketball Home Game 6:00-9:00pm Board Game Night | 25 2:00pm Mystics Volleyball Home Game 6:00pm Women’s Basketball Home Game 8:00pm Men’s Basketball Home Game |
| 26 1:00pm Mystics Volleyball Home Game | 27 | 28 1:30-3:30pm Knowledge Fair | 29 Caritas Day (NO CLASSES) 9:00am-6:00pm Martock Ski Trip | 30 | 31 | |