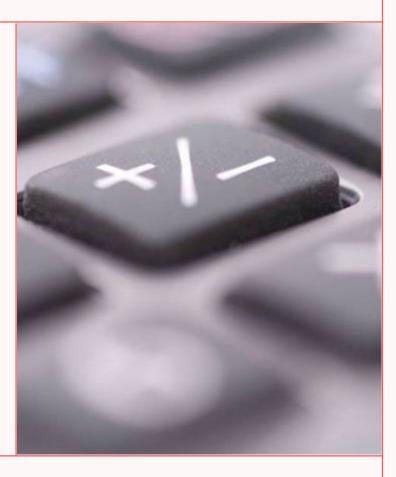


So I'm Going to Be a New Grad: Now What?

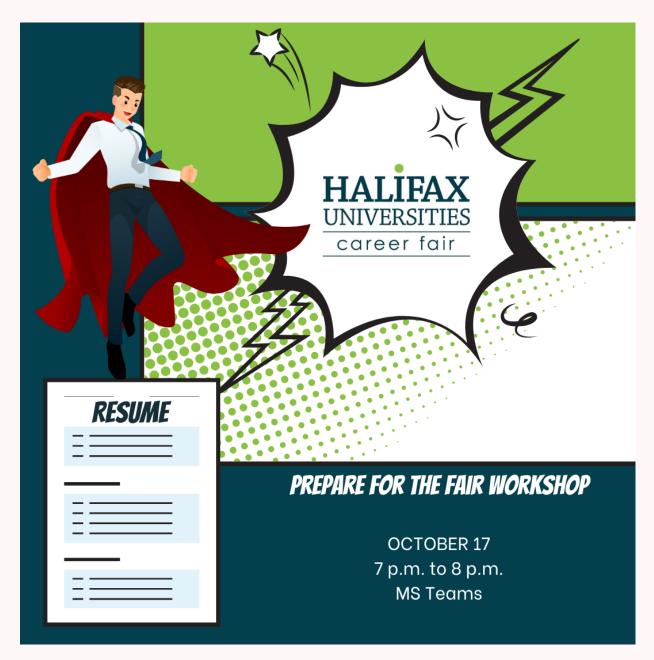
Kyla Friel, Career Counsellor Christine Daniels, Counselling Intern October 9, 2024

What we'll cover

Figure out you Experiment and test Elevator pitch Job posting resources Programs and community resources







Prepare for the Fair Workshop October 17 | 7 p.m. to 8 p.m. (evening!) MS Teams (see link in chat)

Learn how to filter for employers on the HUCF website before you get to the fair. Review resume and LinkedIn resources and view the fair floor plan that outlines clusters of employers.





Figure out you

Pause, get reflective, and use the following tools to discover who you are and what you'd like to do.

Figure out you

Self discover

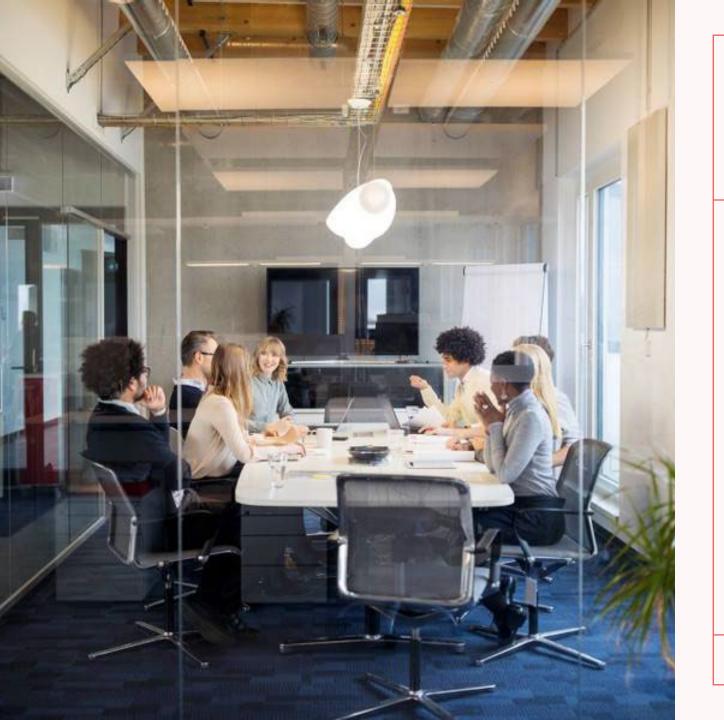
- Job Bank <u>Career Quizzes</u>
- Self assess with Holland's Theory of Career Choice and use <u>ONetOnline</u> to view occupations. Make the correlation to occupations in Canada with <u>Explore the Market</u> and <u>Nova Scotia Works</u> <u>Explore Careers</u>
- <u>Core Values exercise</u> by James Clear

Mentorship

- Sign up as a mentee with the FREE <u>Mount</u> <u>Mentorship Program</u>
- Sign up for the FREE <u>Halifax</u> <u>Partnership Connector</u> <u>Program</u> (business networking focus)

Research

- Use <u>Opportunext</u> to find out alternative career pathways using your education
- Insert keywords into the job title field on <u>Explore the</u> <u>Market</u> to view occupation descriptions, salaries, skills required, and more.



Gather information to help make good decisions

Experiment and test

Experiment and test

Questions you can ask yourself

- Can I relocate for work?
- Am I willing to take a position that initially makes less to gain experience for later?
- Does the job posting match up with the pace, work-life balance, co-worker social/focused work time, and level of responsibility I expect and am willing to grow for?
- In an interview, how can I find out more about how I match with the position?
- Do I need to develop a contingency plan for looking for work? Would it include a date of hire or a financial decision?



Elevator pitch

<u>15-Minute Elevator Speech Method</u> – The Muse website

A great exercise for being able to express what you do, why it matters, why/how you do it, what's next (immediate or future goals).

You can use your work and volunteer experiences, community or school activities, travel experiences, school assignments and group projects, awards, certifications, or special recognitions.

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Job posting resources

Look for employers first

- <u>Canada's Best Diversity Employers</u>
- <u>Canada's Top Employers for Young People</u>
- <u>The Career Directory</u> (search by degree)
- Non-profit: <u>Impact Organizations of Nova</u> <u>Scotia</u> (advocate for community organizations - view members, sector map, and job board)
- Non-profit: <u>Nova Scotia 211</u> (community service directory)

- Business: <u>Halifax Chamber of Commerce</u> <u>Member Directory</u>
- Professional associations and directories (research in your field!) Examples: <u>Taste of</u> <u>Nova Scotia</u>, <u>Buy Local Nova Scotia</u>
- Events and tourism: <u>Events Nova Scotia</u>, <u>Discover Halifax</u>, Official <u>Nova Scotia</u> tourism website

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Look for employers first

Create a list of employers that match your vision. Follow them on their socials. Determine where they post their jobs. Sign up for their job alerts.

Job posting resources

Lesser-known sites

- Local: Halifax Noise Jobs on Instagram <u>@halifaxnoisejobs</u> and <u>Career Beacon</u> website
- Government: Government of Canada on Instagram
 <u>@jobs_gc</u>. New graduate hiring campaigns; Canadian citizens and permanent residents encouraged to self-declare

- Provincial: <u>Nova Scotia</u> <u>Works Job Postings</u>
- Non-profit: <u>Charity Village</u> and <u>Impact Organizations</u> <u>of Nova Scotia Job</u> <u>Postings</u>
- Recruitment agency: <u>Placemaker 4G</u> (apply to current job postings or join talent database)

- Agriculture and food: <u>agcareers.com</u>
- Tourism and hospitality:
 <u>Nova Scotia Tourism Talent</u>

Programs and community resources

Connect with...

- <u>Graduate to Opportunity</u>: GTO Grow and GTO Innovate. FREE to register, 1 year to use from program completion or convocation. Look for the GTO Job Catalogue PDF.
- Job Junction, Opportunity Place, and <u>TEAMWork Cooperative</u> are employment centres in Halifax, part of the larger network of employment centres with Nova Scotia Works (province-wide)

- Immigrant Services Association of Nova Scotia: <u>ISANS Find Employment</u>
- My East Coast Experience website and podcast: a digital media brand dedicated to inspiring East Coasters to welcome immigrants and inspiring newcomers to stay

Career Services

*New graduates have access to career counselling up to 6 weeks after convocation

Career indecision Job search support Resume and cover letter feedback Interview preparation Graduate school and internship application

Drop-ins every Thursday afternoon 1 p.m. to 2:30 p.m. at the McCain Atrium

counselling@msvu.ca • 902-457-6567 IG @msvucareers • msvu.ca/careerplanning



Halifax Universities Career Fair Wednesday, October 23 10 a.m. to 3 p.m. Halifax Convention Centre *FREE shuttle to and from MSVU

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