

SHIFT Career Development 2025

Practice Speed Interview Questions for Students

Wednesday, January 15, 2025 from 1 p.m. to 4 p.m.

Thursday, January 16, 2025 from 1 p.m. to 4 p.m.

Rosaria Multipurpose Room

How do I get started?

1. **Review your group questions and the extra questions below before the event.**
2. Visit the registration desk and the check-in table for practice speed interviews when you arrive.
3. When your group starts, sit at any interview table. You'll have 10 minutes to meet on-on-one with an interviewer who will ask you a question and give you feedback on your answer.
4. When you hear a warning bell, you'll have 2 minutes to wrap up.
5. When you hear another bell, move to the next table on your **right** and meet the next interviewer (3 interviewers total).
6. Enjoy the rest of the SHIFT Career Development event. From 1 p.m. to 4 p.m., you can get your resume, cover letter, or LinkedIn profile reviewed, create a business card, get a headshot photo and browse career resources – all for FREE!

Wednesday, January 15	Thursday, January 16
<p>1:30 p.m. Group 1</p> <ol style="list-style-type: none"> 1. How do you like to be managed when you're working? 2. Describe your skill level using technology. What software, apps, or social media platforms do you use and how do you use them? 3. What should I know about you that's not on your resume? 	<p>1:30 p.m. Group 4</p> <ol style="list-style-type: none"> 1. How do you like to be managed when you're working? 2. Describe your skill level using technology. What software, apps, or social media platforms do you use and how do you use them? 3. What should I know about you that's not on your resume?
<p>2:15 p.m. Group 2</p> <ol style="list-style-type: none"> 1. Tell me about efforts you've made to improve a procedure at work, school, or while volunteering? 2. Can you describe a time you made a mistake, what you learned, and what you'd do differently next time? 3. How do you work with diverse populations? 	<p>2:15 p.m. Group 5</p> <ol style="list-style-type: none"> 1. Tell me about efforts you've made to improve a procedure at work, school, or while volunteering? 2. Can you describe a time you made a mistake, what you learned, and what you'd do differently next time? 3. How do you work with diverse populations?
<p>3 p.m. Group 3</p> <ol style="list-style-type: none"> 1. Tell me about yourself. 2. Name a time you had a challenging interaction with a customer. How did you work through it and what did you learn? 3. Tell me about a time you demonstrated leadership skills. 	<p>3 p.m. Group 6</p> <ol style="list-style-type: none"> 1. Tell me about yourself. 2. Name a time you had a challenging interaction with a customer. How did you work through it and what did you learn? 3. Tell me about a time you demonstrated leadership skills.

Extra interview questions

- Name two of your strengths and two areas for improvement.
- If you have a task you don't understand, what do you do?
- How do you handle disagreements or misunderstandings with your co-workers?
- How do you like to receive feedback?
- How do you prioritize your tasks?
- Where do you see yourself in five years?
- Describe a time when you worked with a group. What were the issues and what worked well? How did it go in the end?
- [Student shares the details of their ideal job with the interviewer]. What makes you a good candidate for this job?
- How do you deal with stressful situations? How do you care for yourself afterward?
- What are your salary expectations?
- What makes your workplace more inspiring and comfortable for you?
- How do you stay organized?

Frequently asked questions

Do I have to wear dressy interview clothes?

ANSWER: No, this is a low-key practice event. Please wear the clothes you regularly wear. If you're getting your free headshot photo during the event, consider bringing a change of clothes.

What if I don't get my interview question right?

ANSWER: This is a practice event to help you develop interview skills before your next real job interview. Take some risks when you respond and engage with the feedback from your interviewer.

What if my interviewer and I finish our interview question early?

ANSWER: You can pick from the list of extra questions and try responding to another question!

What backgrounds or industries do the interviewers come from?

ANSWER: Our interviewers have worked, or are working in, business, government, law, non-profit, and post-secondary.