Atlantic Research Collaboration on Long-term Care TREC Staff Survey: Project Update

September 2024



The Atlantic region currently has limited data to understand and support long-term care staff quality of work life. The Atlantic Research Collaboration on Long-term Care (ARC LTC) surveyed staff on their physical and mental health and work environment to address this gap. The results from this study will help employers and government better support the overall health and well-being of long-term care staff in the Atlantic region.

Thanks to **YOUR** participation, we:

- Recruited 53 care homes across Atlantic Canada
 - New Brunswick 17 (5 French)
 - Newfoundland & Labrador 8
 - Nova Scotia 20
 - Prince Edward Island 8
- Collected 2305 surveys from front-line staff from November 2023 – May 2024
- Collected 193 Facility and Unit Profile
 Surveys providing us with a better
 understanding of staffing and services provided.

Surveys Collected by Role:

89	Managers
154	Allied Health
724	Nurses (RNs/LPNs)
1338	Care Aides

Thank you for participating in this study!

ARC LTC is committed to sharing study results with participating care homes and staff through a series individualized reports, as well as long-term care sector webinars, and infographics, like this one, for care aides and regulated staff. The first care home report on staff perspectives on work life will be distributed later this Fall. We will continue to update you as results become available. Stay tuned!

To learn more about ARC LTC visit: www.arcltc.ca Questions? Contact: arcltc@msvu.ca

This research is part of the Atlantic Research Collaboration on Long-term Care in partnership with:







